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SPOKE

Vol 26, No. 31

Conestoga College, Kitchener, Ontario

September 26, 1994

Premier Rae praises local industry, extends jobsOntario

By Frank Knobloch

Ontario Premier Bob Rae said that Ontario's economy is growing rapidly thanks in part to the job creation program jobsOntario, participating companies and brokers for the program.

After making an announcement Sept. 16 in Toronto extending the three-year program to 1996, Rae made a campaign-style pit-stop at Linamar Corp. on Speedvale Avenue in Guelph.

He praised Linamar for its policy of hiring many new employees through jobsOntario and their success in industry.

"Your company is a reflection of what is happening in the real economy in the province today," Rae said.

"In fact we are in the middle of one of our greatest periods of expansion. Having come through the recession, we now see signs of growth and job creation every day."

Rae told jobsOntario officials, college representatives and news reporters that "Linamar has been one of the great successes of jobsOntario. It has allowed us to do some on the job training ourselves in co-operation with the community college."

Speaking to college representatives, Rae said, "We've tried to work hard with you in seeing how

we could consistently and constantly improve the program." As a result, he said, "we now have 1,400 people at work in Wellington County who were previously unemployed or on social assistance."

Linamar CEO Frank Hasenfratz told the group that Linamar's market for precision-machined automotive components is worldwide, and that jobsOntario has helped the company remain competitive in that marketplace.

"We've seen about 40,000 people come off the welfare rolls in the last five months."

— Bob Rae

Mike Annable, director of human resources for the company, said the program has been beneficial because it affords Linamar the opportunity for more on the job training. "True manufacturing skills are really learned on the floor and that's what the program has been really instrumental in helping us with."

Linamar has hired over 200 new employees under the program, Annable said.

According to a jobsOntario press kit, as an incentive for employers to hire and train new employees, jobsOntario provides funds up to \$10,000 for each employee that a

company engages in a training program.

But those funds are well spent, Rae said. "The money that we spend, we more than get back in the additional revenues we receive from people that are working."

Rae said the objective of the NDP and jobsOntario is to get people off social assistance and put them back to work. "We're spending now, as a province, \$6 billion on social assistance. Without slashing coverage and standards of living, our objective has to be to see that number come down steadily."

JobsOntario is helping considerably to meet that objective, he said. "We've seen about 40,000 people come off the welfare rolls in the last five months. That is a very substantial tribute to what's been happening in the economy and to the work that we've been able to do with employers in terms of the jobsOntario training program."

It is true that jobsOntario has received some harsh criticism, said Ann Peters, manager of jobsOntario for Conestoga College. She said she does not understand why the media has been so critical when, in fact, the program has been so successful.

Peters said the media has a bad habit of focusing on the negative. "The jobsOntario head office in Toronto keeps track of every media

See JobsOntario, page 4



Linamar president Larry Pearson and Bob Rae examine an auto component on the company's shop floor. (Photo by Frank Knobloch)

Area residents support bone marrow clinic at Conestoga

By Blair Matthews

A seven-year-old Cambridge girl suffering from a rare form of leukemia has touched many with her

fight, including 400 area residents who turned out to be tested as possible bone marrow donors at Conestoga's Kenneth E. Hunter Recreation Centre Sept. 12.

Amanda Clements, who has acute lymphoblastic leukemia (cancer of the blood), needs a bone marrow transplant to increase her chance of survival.

Nazeli Seferian, donor centre coordinator for the Red Cross, said the clinic held at Conestoga is the third mass testing session in the region.

The site was chosen because, "I felt that it was close to Kitchener, and close enough to Cambridge."

A lot of people from the Kitchener area were unable to come down to the Cambridge region for the last clinic, she said.

Seferian said that although many of the people attending the clinic were coming because they heard Amanda's story, the clinic itself was being held for the Red Cross' Unrelated Bone Marrow Registry that runs Canada-wide.

Amanda is part of that registry.

Residents who came to the clinic were led through a series of steps before the actual testing began. After health and information forms were filled out and approved, potential donors were required to view a 15-minute video that ex-

plained how bone marrow tests were done, and the procedures for transplants.

According to Seferian, potential donors have several requirements to meet before they are approved.

"Initially, you have to attend an information meeting, after that, you sign a consent form. If you pass the medical criteria and the age criteria — between 17 and 50, we'll draw one tube of blood from you. The results are put on the registry."

Many people who attended the clinic at Conestoga had never been tested to be potential bone marrow donors, including DSA's entertainment assistant Jamie Proudfoot.

Proudfoot said he was being tested at the clinic simply for the cause. "We did an event for Cystic Fibrosis and we had a little boy come in with CF, and when I saw the article in the paper on Amanda, I just wanted come in and get involved."

According to a University Hospital report from London, the odds of a non-sibling or unrelated donor matching the tissue of someone else ranges from one in 400 to one in

See Marrow clinic, page 4

Food bank now open

By Kerry Masche

Conestoga students who are short on cash and low on food need not worry any longer, said DSA activities director Marlene Ford. On Sept. 15 the DSA kicked off its annual food bank.

The food bank, a donated supply of non-perishable food, is readily available for anyone who needs it throughout the school year.

It has been operated by both student services and the DSA for the past two years to help students through difficult times when money is tight.

"If you need it we are here," Ford said. She said an unlimited amount of food can be picked up confidentially at any time with no questions asked.

"We feel there is a need for this service on campus. There

See Food Bank, page 4



Pumped up

Second-year CP/A student Fernando De Sousa (left) is given a blood pressure test by first-year ambulance emergency care student Chris Verhoeven.

(Photo by Blair Matthews)

SPOKE

Editor: Mike Beitz
 Associate Editor: Frank Knobloch
 Production Manager: James Leduc
 Advertising Manager: Rob Heinbecker
 Circulation Manager: Michelle Voll
 Faculty Supervisors: Jerry Frank, Dick Scott

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 Kitchener, Ontario, N2G 4M4
 Telephone: 748-5366

Provincial government may be obsolete

Every morning I watch fellow students go downstairs to the cafeteria and buy their coffee and muffin. I wonder if they ever think about the waste of money they just spent? Not on the coffee and muffin, but on the 15 percent sales tax which goes to our government.



By Rob
Heinbecker

Most people realize that we have too many levels of government in this country. There is too much red tape, too much blame and too much money being paid by the average citizen. Not a month can go by without the media reporting another cut back to social services.

In this age of lean and mean corporate downsizing, why couldn't our nation do the same? The best way to become leaner and meaner and more competitive is to eliminate the provincial government.

Think about it. What does the provincial government do that could not be accomplished by either a federal or regional government? Social services, language and immigration could all be handled federally. In fact, it is ridiculous for Canada to claim to be a bilingual nation and let the provinces handle language issues.

A federal government should be able to legislate how programs like health care, education and welfare are handled and make that legislation standard throughout the country instead of the provinces having different systems all across the board.

A regional government can address its community's individual needs by making its own bylaws and starting its own projects. On a smaller level, as opposed to provincial, regions with more money could help subsidize the ones with less under the direction of the federal government.

If Canada was made up of a few hundred regions from coast to coast instead of provinces, it could actually serve to bring the country closer together. Currently we have 10 provinces and two territories whining and fighting to see how much more of the pie they can grab.

Each province acts like they are their own country and serves to make people think we are in competition with one another. It is like a mini United Nations except the Canadian version accomplishes even less. It is doubtful that Quebec would have had separatist governments and held referendums if the province had been made up of a few dozen regions looking after their own affairs.

Incidentally, using the American system and its multiple layers of government as an example to defend the existence of provincial government is not usable because of the population differences. The United States has well over 200 million people while Canada has less than 30 million. That many people would need an extra layer of government and more importantly they could afford it.

In the end, if the provincial government were to disappear certain jobs would still be needed and therefore be recreated in the regional or federal governments. However there would still be millions of dollars put to better use and many kilometres less of red tape. Canada and its people would be better for the change.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

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OPINION

Stewart grabs a quick butt
 before slipping into the smokeless
 ambience of the Roost.



THANK YOU

PT'94

Quitting smoking like losing a best friend

There are at least six million Canadians who do it every day and every year it kills 35,000 of them.

The habit, some suggest, is harder to break than heroin or cocaine use. That's right — smoking.

I never gave any of this much thought until I decided I would try to quit. "Join the ranks of the smoke-free crowd and for your reward enjoy all the benefits that come with it," friends would say.

There were promises of feeling better and getting a few senses back that smoking tends to dull. My energy level would increase along with my bank account, and my clothes would no longer smell. That nagging morning cough would go away and I would not waste so much time during the day feeding my nasty little habit.

Out for dinner, my date and I would not be shunted into the back room where the smokers go. I needn't worry whether the winter will be as cold as the last one because I was not going to be out there



By James
Leduc

smoking. So far it has not worked out that well.

I'm irritable as hell, but I make no apologies to those around me because they were warned beforehand. The cold turkey approach lasted about 24 hours and now, unfortunately, it is a couple of lung darts a day.

The drug responsible for this predicament is nicotine. I can not comment on the withdrawal symptoms of heroin or cocaine but this is a hard one to kick. It hooks its victim slowly and once it grabs on it is tenacious.

Smoking becomes part of the routine and when that habit is interrupted, you feel like you have lost a best friend. Have a coffee, have a smoke. Drive to school, have a

smoke. Take a break, have a smoke. What came first — the cigarette or the coffee break? Pretty sad indeed.

I have been trying to quit for several reasons. I started 15 years ago and figure that is enough time to have devoted to this killer habit.

I have worked hard in school and hope to get a career and a life afterwards and would hate to see that cut short. Some people would be angry with me if that happened.

There is strong evidence now that people have died from second-hand smoke and the theory that I could be hit by a truck tomorrow just doesn't cut it anymore.

Recently it was stated in the media that smokers actually save the health care system money because they die young and don't get diseases that old people do. A tobacco company was somehow involved in this and it finally hit home — time to quit.

Besides, all the Tim Hortons are going smoke-free.

Wish me luck.

Quebec anglophones Haitians of the north

Soon they will be migrating down Highway 401 in droves escaping the repressive policies of the newly elected Parti Quebecois.

Ontario, Alberta and British Columbia should prepare for a massive immigration of "Quebec boat people" who are tired of living in a province that does not recognize their rights.

Just as Haitians are fleeing the single-minded regime in their country, Quebec anglophones and other minorities will leave la belle province for more democratic destinations.

Since the creation of the Parti Quebecois, the party's policy towards the concerns and rights of Quebec citizens other than the francophone community has been one of ignorance, selfishness and hypocrisy. They ignore the language rights of others and think only about sovereignty and the needs of the francophone community. The PQ says it is OK for Quebec to carve itself out of Canada, but native Canadians would not be allowed to do the same in Quebec.

When Rene Levesque was elected in 1976 he was sincere in his desire to accommodate the needs of all citizens in Quebec, but PQ Leader Jacques Parizeau has little concern for others. His mandate is to wreck a country and create a new one that is almost certain to



By Frank
Knobloch

fail.

Parizeau's goal has nothing to do with protecting francophones and their language in Quebec. It has everything to do with cementing a place in history as "the one who destroyed Canada." At least that is how our history books would read.

Quebec texts would read: "A great leader who helped Quebecers gain their freedom and independence"

They already have their freedom. What is it that makes them feel so persecuted? If anyone could claim that, it would have to be Quebec minorities who have been made to feel like second-class citizens through dictatorial legislation passed by governments (Liberals included) which are held ransom by "the French question."

Within 10 months Parizeau has promised to call a referendum that would put the question to rest once and for all. As a proud Canadian who considers Quebec as an integral part of Canada, I will live in dread of the referendum.

Supposing Quebec does go its own way, what would happen? The scenarios are as complex and as difficult to predict as the Canadian weather forecast. But one thing is certain, it would cement the hatred between francophones and anglophones for time eternal.

Counsellors offer students help

By Brenda Boomer

A Conestoga College student service counsellor says any students who find themselves feeling overwhelmed should come down and have a talk.

"I would encourage everyone to touch base, check it out, and if it's not for them it's OK," said Carol Gregory.

Gregory is a part-time counsellor at student services who said they are there for any issue that gets in the way of a student.

"We are available for anything from academic to study skills," said Gregory.

The counselling being done covers all areas, said Gregory. Some students need help learning strategy or finding suitable career choices.

Some students who are waiting for money need help solving how to cope financially until they receive their money, she said.

Setting a financial budget is a way

of dealing with financial concerns, said Gregory.

"We also help with any personal issues that arise," said Gregory. "We help students who have feelings of isolation and insecurities from moving away from home for the first time as well as students who are dealing with sexual assault."

Eating disorders and drug and alcohol abuse are other examples of students' concerns," she said.

"Long-term counselling is something we can't do," said Gregory. "If a student feels that they need long-term counselling or therapy, we refer them to community counselling," she said.

Even if a student is referred to community counselling, the student services counsellors are still available to them, said Gregory.

Although they are not regularly scheduled for counselling at the college, the counsellors' doors of communication are still open to the students.

Students have a choice of having a male or female counsellor, said Gregory. "We make it comfortable in the outer office because a lot of people find it hard to walk through the door," she said.

The counselling service is voluntary and confidential and not like highschool guidance counselling, said Gregory.

Gregory said they also run counselling in classes. Classes help to familiarize students with counsellors and gives counsellors the opportunity to hear the students. Gregory said counselling will be done in a class setting, if there is a demand for it. Stress management has been done in a classroom setting, said Gregory. "Students don't feel as isolated in a class setting," she said.

"I love the classes. It helps me to hear what the people are coping with," she said.

All the counselling and student services is paid for when you pay your student fees, said Gregory.



Carol Gregory, a part-time counsellor, encourages students to stop by and discuss any concerns or problems. (Photo by Brenda Boomer)

Student demand for special needs continues to increase

By Brenda Boomer

A Conestoga College counsellor says the demand for special needs has increased recently. Approximately 330 students use their services.

Kelly Nixon, a part-time counsellor, said close to 30 per cent of these students have learning disabilities. The intake of students in special needs varies but it has increased, she said. Students with learning disabilities get in

on their own merit, Nixon said.

"We get them after they're accepted. Students services counsellors refer students with learning disabilities to the special needs. Students don't usually just come into the office," she said.

"There is a process which has to be followed. Proven documentation for a student with learning disabilities must be provided."

Student services supply tests which students must pass before they are referred to

special needs.

Nixon said these tests sometimes take up to eight hours to complete. "No student would go through the test if they didn't really have to."

Students with physical disabilities mainly use note takers, students who will write their notes for them, Nixon said.

A lot of the students today do use tape recorders, she added.

"The biggest accommodation we offer a

student is more time to write tests."

When it comes to back injuries, letters are sent to the co-ordinators of the program in advance to allow these students permission to walk around to relieve the pain they may have from sitting too long, Nixon said.

Extra time to write tests is essential for students with back injuries, because they cannot sit for long periods of time.

The greatest gift you can offer a student is extra time, she explained.

Cutbacks to college concern health services

By Maria Wareham

Cutbacks which have meant changes in the staff at the college's health care services are causing some concerns, said college nurse Marilyn Fischer.

She said recently that she feels very rushed when she is visiting other campuses away from Doon.

Last year's cutbacks meant leaving only one full-time nurse to serve four campuses, Fischer said.

"This is probably the way it's going to be. It would be nice if I had a full-time or part-time nurse but I can't see that happening with all the cutbacks in health care."

Fischer said the service they are offering now is good but it is a minimum. She hopes the college would not think of cutting what it now has.

I am extremely busy and I don't know how we could manage with less, she said.

There are volunteer first aid workers at every campus who look after day-to-day incidents and a part-time certified medical secretary at Doon when Fischer is not available. There is also a doctor at Doon on Tuesday and Friday mornings.

"I also carry a beeper in case of an emergency and there are many times I have been called," she said.

Fischer said that an aging school-community population (staff and students) is another



concern.

With an aging college population and more mature students with pre-existing medical conditions, health services is dealing with more acute problems.

"I feel comfortable about being able to administer the required emergency help but not so comfortable about the 18 minutes it takes for the ambulance to get here."

In a college community with over 4,000 students, not including part-time students, she sees at least 30 students per day and up to 53, she said.

The start up is very heavy, she said, with 70 to 90 students walking in to see her.

In 11 months last year, there were 5,200 walk-ins.

Fischer has been with the college for over 22 years and said enjoys working with the broad age group and the fast movement.

She sees health services as a benefit and hopes a decision would not be made to close it.

She said a very small fee, such as the one universities and some colleges charge, would help to defray the cost. But the college does not seem ready to do that.

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Marrow clinic draws local support

Continued from page 1

750,000.

The report indicates the national registry will include 50,000 donors in order to improve chances of finding a good tissue match.

Each year, approximately 800 Canadians are in need of a bone marrow transplant.

Only 30 to 40 per cent of those actually get one, the report said.

Results from the clinic held at Conestoga won't be known for approximately two weeks, Seferian said.

"At that point, any time that a physician does a search, they'll go through those results."



Red Cross worker Sue Britnell takes a sample of blood from Angela Maricic of Waterloo, to see if she may donate bone marrow.
(Photo by Maria Wareham)

Rae praises jobsOntario

Continued from page 1

event or comment about jobsOntario in terms of positive or negative."

Ninety per cent of the response is positive, she said. "But if one jobsOntario person does something wrong, that's what people remember."

As a local broker for jobsOntario, Conestoga College helps implement the program in Wellington County. The college provides pre-employment training, networks with the community, acts as a liai-

son with potential employers and provides a number of additional services under jobsOntario.

Conestoga College is pleased to be a part of the success of jobsOntario and Linamar, said college president John Tibbits. "We feel that, certainly, the program has made a real difference in this area."

Tibbits said that in addition to Linamar's efforts and the jobsOntario program, others deserve praise as well. "I think that Ann Peters and her staff have done an excellent job in working with Linamar."

Food bank now open

Continued from page 1

are mature students here trying to go to school and feed their families at the same time."

Ford said that although a can of soup or beans may not seem like much to some people, it can be a big help.

"These cans of food only cost about a dollar. It's not going to hurt you and it will help them. It may be the only thing feeding their family."

Shelley Kritz, the DSA's director of public relations, said she does not like hearing about people who have to sacrifice school because of a lack of funds.

"We're here to help and support the students. We don't want to see people not having enough to eat," she said.

Students can take whatever they like from the supply of food which is kept in a room near the DSA's office.

Ford said the food bank is "one more service the DSA can offer to anyone." She said she does not worry about people abusing the system because she feels students are aware of how important the service is.

Students and staff are encouraged by the DSA to donate at their office in the main cafeteria.

Letter to the Editor

Generalizing is wrong

To the editor,

I do not agree with the basic premise of Nicole Downie's article in the Sept 12 issue of Spoke that claims "Male Bashing has gotten out of control."

It certainly is true that stereotyping of any group is inappropriate; to apply generalizations that label all men by the actions of individuals is harmful to us all.

However, Ms. Downie is doing in her article what she chastises women not to do. She is implying that all women categorize or discard all men.

Just in the last few years, we are talking more openly about the great incidence of sexual harassment in our society, the serious and degrading acts of date rape, the prevalence of sexual

abuse of children and the general level of violence in our society. The facts are that in each of these categories, males are predominantly the perpetrators and females are predominantly the victims. Therefore, some women have a very good reason to be angry with men. Those legitimate feelings have to be respected as well. By generalizing, the author negates those women's experiences.

I believe an important issue is how do we, all of us, men and women, work to change the wrongs. How do we eliminate the violence, learn respect for one another and appreciate individuals of both genders as individuals.

Joan Magazine
Doon Student Services

Corrections

In the story Health science changes for today's market on page 4 of the Sept. 19 issue, Bill Jeffrey's name was misspelled in the photo caption.

In the story Golfers join campaign against cystic fibrosis on page 7, Marlene Ford's name was misspelled.

In the story Human resources position eliminated on page 9, Colin MacGregor's name was also misspelled.

In the story College employee looks for challenges on page 8, Grant McGregor was incorrectly named as the principal of Conestoga College. McGregor is the principal of Conestoga's Doon campus.

Spoke regrets the errors.

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Study break

Tonya Munroe, a first-year nursing student, takes advantage of the nice weather to get an early start on her studying at Doon campus.
(Photo by Dan Wettlaufer)

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Broadcasting program co-ordinator Paul Scott wants to tell everyone about the new program newsletter. (Photo by Blake Patterson)

Broadcasting alumni newsletter promotes Conestoga graduates

By Blake Patterson

After a five-year lapse, the broadcasting-radio and television program has reintroduced its newsletter featuring historic perspectives of BRT, career updates of BRT alumni, and developments in the broadcasting industry.

Program co-ordinator Paul Scott said the newsletter sends a message to the industry about the high quality of Conestoga's BRT graduates.

The September mailing of the newsletter was sent to the 300-member BRT alumni and to 100 executives of selected radio and television stations in Ontario.

Scott said the BRT newsletter is the program's primary communications vehicle.

The newsletter was sent to alumni in centres as distant as Revelstoke, B.C., he said. "It (the newsletter) is a really important tool to help publicize and promote what we are

doing here in the program," Scott said.

"It is important to the students that we are doing something to promote who we are and the kind of graduate we are hoping to produce."

Scott added, that it is an interesting way to follow-up on Conestoga's alumni.

He used Jim O'Connell, now chief Washington correspondent for CTV national news, as an example.

"It is important for today's students to know that a Jim O'Connell, who went through this program, has achieved great success at CTV."

CRKZ production manager Jennifer Watt agrees that the BRT newsletter will help develop a stronger alumni network.

"It (the newsletter) is good because it keeps the broadcasting students in contact."

Watt, a third-year broadcasting student, said the newsletter will be

"a good way to keep up-to-date with what's going on in the industry."

Conestoga graduate and BRT staff member, Sandie Ballantyne, said the newsletter is needed by BRT because college graduates have different loyalties than do their peers from university.

"We don't integrate the same as universities do. University grads are loyal to their alma mater but college grads are loyal to their program."

According to Ballantyne, the newsletter uses the language of broadcasting. She said newsletter sections called "faded to black" and "this just in", are examples of shop talk which make the publication enjoyable for the reader.

"It's fun to read because you're reading about your family," said Ballantyne. "We're communicators so we figure that we should communicate."

Annual faculty conference provides learning experience

By Blair Matthews

Faculty members of Conestoga's continuing education program continued to learn as they met Sept. 10 for their annual associate-faculty conference, said the director of continuing education.

According to Marilyn Black-Lambert, the yearly conference has several objectives: "One is professional development for part-time teachers. Remember,

our part-time teachers teach in isolation. They're here in the evening, they teach their course, and then they go home."

The conferences give teachers of like subject areas a chance meet as well.

The conference is also a place where continuing education faculty can gather to discuss content of various courses and process matters, she added.

"We're very concerned about

the quality of instruction to students. These student clients are paying for their courses and the college wants to make sure we offer the most up-to-date course and the best teaching possible."

Black-Lambert said that the continuing education department needs to provide part-time faculty with the opportunities to upgrade themselves in their teaching areas. Conferences such as the one recently held at the Doon campus is

one example of that opportunity.

Seminars given at the conference included: multiple choice test item writing, designing effective classes, creative evaluation techniques and computer basics.

Seminar topics for continuing education conferences are picked in a variety of ways, Black-Lambert said.

"People evaluate the conference and make suggestions for the next year. We also have a faculty ad-

visory committee and they make suggestions."

In addition, the continuing education department sends out a questionnaire to all teachers asking them for suggestions.

According to Black-Lambert, this year's conference was a great success.

"I think it just gets better and better. It's difficult to compare one to the other because the content of the workshops is different."

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Feedback

DSA drug plan receives positive response

By James K. Leduc

Judging by the positive feedback Jackie Allin has received about the mandatory drug plan fee that started in September for Conestoga College students, it has been money well-spent.

"The only negative thing was a call from somebody that didn't quite understand it," said Allin, vice-president of student affairs for the Doon Student Association.

"After it was explained how the drug plan works, it turned out to be quite positive."

Allin said she thought some students would be upset about paying another mandatory fee but she has not heard of any complaints.

"We haven't had any backlash. The only people coming into the DSA office are the ones opting out of the plan and they haven't been upset about anything."

The new drug plan, which went into effect this fall, reimburses students 80 per cent of the cost for prescription drugs and covers the cost of oral contraceptives.

The mandatory fee is \$50.54 and lasts until the end of August.

"Up until two years ago nothing was done about a drug plan for Conestoga College," said Allin.

"Ron Lehman started looking into it and then Jennifer Kurt picked it up and really got the ball rolling. It actually didn't take too long to implement the plan."

The DSA looked into drug plans offered by other insurance companies but decided on the plan by Seaboard Life Insurance because of the coverage it provided for the cost. Allin said the other plans the association looked at were more

expensive and she thought it necessary to keep the cost down.

"For the first year I think it was a good idea to start low on the cost and then add things to it," said

"Up until two years ago, nothing was done about a drug plan for Conestoga College."

— Jackie Allin

Allin.

"It would have been much higher if the fee wasn't mandatory and next year we will expand the coverage if the cost is not too high," she said.

Allin hopes there will be some student feedback this year about the plan and wants to do a broader survey than the one done by the DSA when the plan was first considered.

She wants the survey to include the other campuses and have an evaluation by the end of the year.

The DSA requires only two forms if a student wants to opt out of the plan, said Allin.

"Proof of tuition payment and a drug card or a form with a policy number on it. Something to prove that the student has insurance because we don't want them opting out of it and then two months down the road realizing they don't have the coverage," she said.

Allin added the deadline for opting out is Sept. 30 and the fee refund would be mailed out shortly after.

The DSA expects to get the drug card by the end of October but the coverage is in effect now on a reimbursement basis.

Students can go to the drugstore now and pay 100 per cent of the price of the prescription and keep the receipt, said Allin.

Bring in the receipt, fill out a form and send it to Seaboard Life and they will reimburse 80 per cent.

"The awkward period is now because Seaboard Life doesn't have a master list of the students that are covered," she said.

"When the drug cards come in at the end of October, bring it to the drugstore and all the student has to pay is 20 per cent," said Allin.

Allin said most of the students will use their family doctors but they can also use the doctor at Conestoga. The doctor is at the school during certain hours and Allin said to check first.



Jackie Allin, vice-president of student affairs, holds the new DSA drug plan card due in at the end of October. (Photo by James Leduc)

DATE/ACQUAINTANCE RAPE AWARENESS WEEK

MON. SEPT. 26 - FRI. 30



*THERE WILL BE A DISPLAY
IN THE LEARNING
RESOURCE CENTRE, AS
WELL AS FILMS AVAILABLE.*

"HE SAYS SHE SAYS"

**THEATRICAL PLAY TO BE
PERFORMED ON THURSDAY
SEPT. 29 AT 11:30AM IN ROOM
2A56**

Inspired by a need at the University of Waterloo to address the issue of date and acquaintance rape, "He Says She Says" is the product of intense and thorough research, personal experience and a belief that this show can make a positive impact on its audience.



SHARE YOUR VOICE!

An invitation to all women students and employees of the Conestoga College Community to share your voice and your vision for the creation of our first WOMEN'S CENTRE.

GENERAL INFORMATION MEETING
Tuesday, September 27
3:30 - 5:00 pm
Room 1C2 (near cafeteria)

Come for whatever part of the meeting your schedule permits!

- meet other women in the College community
- share your ideas for the Centre's creation
- learn more about opportunities to become involved in the development of the Centre

It's O.K. to just come and listen!

For further information contact: Marg Smith, 748-3536 or Ext. 536, Student/Client Services Building
Carol Gregory, 748-5220, Ext. 748, Student Services, Doon Campus

Date/Acquaintance Rape Awareness

Awareness week is not enough, says chair

By Michelle Voll

With the hope of educating and helping students, the week of Sept. 26-30 has been designated as Date/Acquaintance Rape Awareness Week at Conestoga.

Jack Fletcher, chairing awareness week for the third year in a row at Conestoga College, said he hopes students will heed the messages being presented.

A theatre group is performing a play, there will be a series of posters displayed and videos will be shown in the lounge and the cafeteria, Fletcher said, but he said he still wishes that more could be done.

"It is really only scratching the surface as to what we'd like to do," Fletcher said the awareness committee has to be careful about what they show the students to increase awareness.

"You have to be careful what kind of videos you put on. If you put on a video, and a person pops in and sees just a bit of it, it may trigger all kinds of emotions," he said.

There were videos shown a couple of years ago, Fletcher said, which received a mixed reaction. This year, the videos will be reviewed and assessed by members of the committee before they are shown.

Fletcher said he thought it was important to have the awareness week early in the semester when the students first arrive.

He said that if there is a national awareness week, the college does not want to wait for it.

"You want to get to the students early because the drinking starts early. And the fact of the matter is, a lot of the incidents occur after drinking," said Fletcher.

A big area of concern is for students living in residence, said Fletcher.

The combination of males and females living in one building where drinking is taking place is a danger area, he said.

"It is an area that we have to provide more awareness to."

Pamphlets and brochures were distributed to all the people living in residence, he said.

But, Fletcher said, one awareness week a year is not enough to educate enough people on the dangers date/acquaintance rape.

"It's my contention that you don't make much of a difference in an awareness week, when it's all said and done.

"What you have to do is drive this into the curriculum," he said.

Fletcher said he thinks all programs should deal with the issues within the classroom by showing videos dealing with rape and sexual harassment.

Fletcher said although he thinks awareness needs to be taught throughout the year, he is still glad to have an awareness week to educate people.



Committee chair Jack Fletcher looks over a brochure to be used during Date/Acquaintance Rape Awareness Week.
(Photo by Michelle Voll)

"I would rather have at least an awareness week and maybe have three people where it might make a difference in their lives."

Fletcher said it's important to teach awareness in the schools before the students enter the workforce.

"In the colleges we're training people to go into the workplace. The issues are very definitely there," he said.

Fletcher stressed that, although Conestoga's awareness week is called Date/Acquaintance Rape Awareness Week, it is actually

much broader.

The week also deals with sexual harassment and harassment in general, he said.

The college is hoping to do a follow-up event in the spring, Fletcher said, to keep education and awareness levels up.

Theatre group to perform play

By Jennie Richardson

A play depicting the trials of same-sex relationships, violence in relationships, including date/acquaintance rape and breaking down the barriers of stereotypes, will be performed at the college by a professional theatre group.

The performance will be held Sept. 29, in 2A56 at 11:30 a.m.

Doon campus' health services nurse, Marilyn Fischer, said the 45-minute play, He says, She says, performed by the group Rule of Thumb, is "just excellent".

It is designed to raise awareness about violence in relationships and acquaintance rape.

Rule of Thumb has been touring universities and colleges province-wide.

Fischer said the group was to finish its tour in Northern Ontario, but when asked to do a special performance and finish their tour at Conestoga, they accepted.

The group has performed previously at University of Waterloo and Wilfrid Laurier University.

Fischer said bringing the play to the college cost about \$700 which was funded by the Ministry of Education and Training.

Counsellors and equity officers provide help to assault victims

By Jennie Richardson

A campus counsellor or equity officer is who students should go to if they have been a victim of sexual assault or harassment, said the college's chair of Date/Acquaintance Rape Awareness Committee.

"They might not want to go to an equity co-ordinator initially because they may not want it to go any farther than just talking," said Jack Fletcher.

Fletcher said whether it was the equity co-ordinator Marg Smith, or a counsellor, they would outline with the individual the alternatives open to them and the pros and cons of each alternative.

A brochure produced by Conestoga states that harassment "usually means objectionable or offensive emphasis on the sex, sexual orientation, race, religion or disability of an individual or group."

Fletcher said the procedure to resolve an incident consists of three steps:

The first is an informal complaint in which the equity co-ordinator will try to bring those involved together to discuss, understand and resolve the situation.

The second stage, said Fletcher, involves the dean of the individual's school who will try to resolve the situation with both parties.

In the third stage, a panel of three is appointed to investigate the complaint.

The recommendations are given to the vice-president of student development and human resources.

If the panel recommends suspension or expulsion, the approval of the college president, John Tibbits is needed.

"I am aware of more incidents being reported than I

have been in the past, but maybe it was kept more quiet before," Fletcher said.

He added there may not be more incidents happening, just more being reported.

"We make sure everything is confidential," he said.

Fletcher said that it is important that whoever is acting on behalf of the student and the college remains consistent and unbiased.

He said he encourages teachers to go to the college's learning resource centre and look at videos that have been bought to create awareness about harassment and sexual assault.

There are some programs, he said, like social services, journalism, law and security and health sciences, where it is natural that teachers should be talking about harassment and sexual assault.

He said that unless the issues are driven into the classroom as a part of the whole education process, a major change will not occur.

Fletcher said the college's proposed Women's Centre will help decrease the incidents of sexual harassment, but said that it depends on the philosophy of the centre.

He said he thinks the initial philosophy will have to be one of making women aware of the issues because most often women are victims.

Fletcher said that after the centre accomplishes that, he hopes it will make men aware of the issues.

He said, for example, most men do not know what it feels like to be overpowered physically, so it is hard for them to understand.

Maybe the centre will help men to empathize with what some women go through and some may change their behavior, he said.

Facts on rape

According to statistics collected by the Sexual Assault Centre in London, Ont.:

- 1 in 4 women surveyed have experienced rape or attempted rape.
- 84 per cent of rape victims know their attackers.
- 57 per cent of the rapes reported occurred on dates.
- 1 in 12 male students surveyed had committed acts that meet the legal definitions of sexual assault.
- 27 per cent of women whose experience meets the legal definition think of themselves as "rape victims."
- 75 per cent of the men and 55 per cent involved in assault situation had drunk or used drugs before the assault.
- 42 per cent of women who had been rape told no one about their experience.
- 5 per cent of these women reported their rapes to police.
- 5 per cent sought help at a sexual assault centre.
- 84 per cent of the men who committed rape stated that what they did was not rape.

Teacher sets swimming record

By Rob Heinbecker

Conestoga civil construction and technology teacher Peter Straka, was literally getting back into the swim of things when he competed in the World Masters swimming championships in Montreal last July.

Straka set a Canadian record for competitors in his age group by finishing the 100 metre butterfly in a time of 1:19 and placing eighth overall in the race.

The Masters swimming championships, Straka said, are open to anyone over 25 and competitors racing against people their own age. The age categories are divided into five year increments which go up to 100.

Straka, 51, a faculty member with the college for 23 years, competed in the 50 to 55 age category. He said the Masters swim meets have three levels of competition: provincial, national and world.

Ontario has about 20 meets per year and Straka competes about

once a month. He said the provincial and national meets are open to anyone who wishes to compete even if they are not from Ontario or Canada.

The next Canadian national meet will be held in British Columbia and Straka said he would like to attend if he can afford to.

"This year there were no nationals because the worlds were in Montreal."

Straka said he went to the worlds because it was not far from home and it was a great opportunity, especially since the next world's competition will be held in Sheffield, England.

"Since it was just around the corner, I thought this was my chance to go."

He said there were approximately 4,500 competitors at the Montreal championships.

As well as the 100 metre butterfly, Straka competed in other swimming races and placed 18th in the 50 metre butterfly, which was the fastest Canadian time, and 19th in

the 50 metre freestyle, which was the second fastest Canadian time.

He said the meets attract a lot of former Olympic champions and world record holders who still want to compete in some form after their professional career is over.

Straka began training to swim when he was a teenager in the former Czechoslovakia, in what is now Slovakia.

"I participated in all kinds of sports and it turned out that I was successful in swimming," he said. "I wasn't a star swimmer, but I was always among the top five in the country."

Straka said he stopped swimming at age 23, because he was losing his competitive edge and wanted to pursue a career.

He began competing in the Masters swimming meets a year and a half ago. He said he learned about it through a friend from Newfoundland.

"I started to train and went to the Ontario championships last April and placed second."

His success encouraged him to stay with competing. "I said alright, if I can still swim this well then I'll keep going."

Straka found it difficult to train to get back on track after not swimming for more than 25 years.

"I thought I could swim much faster. It is very difficult to cut down on the time now."

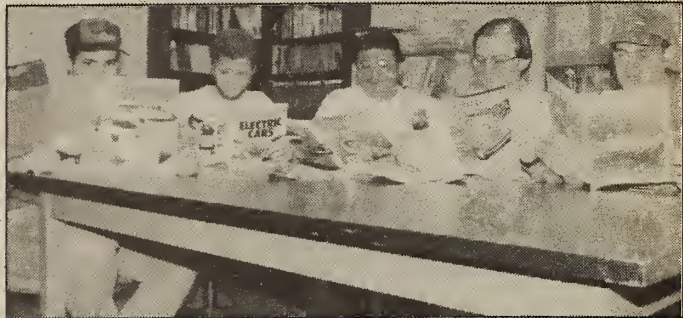
Straka said it feels good to participate, but the stopwatch reminds him of his age.

He plans to continue competing as long as he is healthy because he said it keeps him busy and in good form. But Straka said what will keep him going to the competitions is the chance to be able to meet other swimmers, talk about training and exchange stories.

Straka said the Masters swim meets have the same kind of competition and atmosphere as when he competed when he was younger. "When I am competing I feel the same as when I was young."



Conestoga civil construction and technology teacher Peter Straka set a record in the 100-metre butterfly. (Photo by Rob Heinbecker)



From left: Dan Fischer, Doug Petican, Shin Huang, Jerry Calder and Kevin Tessner of Conestoga's Sunrayce team. (Photo by Mike Beitz)

Racing team hopes high

By Mike Beitz

For nine days at the end of June 1995, a racing team from Conestoga will be praying for clear and sunny skies.

The team hopes to enter its solar-powered car in Sunrayce 95, which runs from Indianapolis, Indiana to Golden, Colorado along 1,760 kilometres of highway.

Conestoga's entry, the Spectre, will be the only Canadian college challenger for one of 10 spots in the 40-team race.

Project manager Kevin Tessner said that while competition will be fierce among the 40 entries from North American colleges and universities, he thinks Conestoga's car is a contender.

"We've gone way out on a limb as far as design goes," said Tessner, "and we're trying things that have never been done before."

He describes the Spectre as a three-wheeled, tear-drop shaped car with 10 square metres of solar cells on it.

"I'd rather not get any more specific," said Tessner, "because when you develop a new concept, as we have, there's always the danger of the other teams finding out about it."

He said the design will combine the efforts of students from

the fields of mechanical and electrical engineering, computing, machining and welding, telecommunications, applied arts and business.

"The college is an ideal forum for developing a car like this because we have everything we need to produce it right here on the grounds," he said.

Integration of the car's construction with school projects in various fields such as electronics engineering technologies and mechanical engineering will definitely help, he added.

"Fundraising is another major task as far as manpower and time are concerned," said Tessner.

He said the team hopes to show off the car at places like shopping malls to encourage support from the community.

Tessner said the team is at the stage now where the concepts of the car can be made into production drawings.

He said he hopes the Spectre will be completely built by the end of April 1995.

"But it's not just a matter of building the fastest car in this race," said Tessner. "It's the best organized team that will win — the team that is best prepared to handle the car they've built."

A little sun wouldn't hurt, either, he added.

Career Corner



By Marilyn Snyder

TOO SOON TO START YOUR RESUME ? NEVER !!

It is never too early to start thinking about preparing your resume. A resume is needed for part-time and summer jobs and most certainly, if this is your graduating year, a resume will be required. Invariably opportunities come when you least expect and when you are unprepared. Don't procrastinate ... start it now !!

LOOKING FOR A PART-TIME JOB ??

Fall months are the time to check the Student Employment/Co-op Education Job Binders and Student Employment bulletin boards for part-time

postings. If you are looking for something to fill your spare time or if you require a little extra cash, come and take a look. An opportunity may be waiting just for you.

CAREER OPTIONS

Career Options is now available. This is an excellent free Job Search booklet for Job Seekers. It contains good articles on resumes, application forms, and researching employers.

Creating your own opportunities, the New Workplace and International Job Search are just a few of the subjects discussed in this year's copy.

As well, a premier issue specific to Science and Engineering graduates/students is available this year. Pick up your free copy in the Student Employment/Co-op Education office inside Door 4, Room 2B13, Doon campus or in the Guelph/Waterloo Student Service area.

COLLEGE/UNIVERSITY 1994 CAREER FAIR

Plan to attend CAREER FAIR 1994 on Tuesday, October 4, 1994 at Bingemans Conference Centre, Kitchener co-sponsored by Conestoga College, University of Guelph, University of Waterloo and Wilfrid Laurier University. The theme is "A World of Opportunities".

This is an opportunity to investigate and research career options as well as network with potential employers. Contact the Student Employment/Co-operative Education office - Room 2B13/14, Doon campus or Student Services office at Guelph/Waterloo campus for additional information.

A World of Opportunities



Tuesday October 4, 1994

10:00 a.m. - 4:00 p.m.

Bingemans Conference Centre

Marshall Hall, Kitchener

Transportation Available

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Partying and parking top residence agenda

By Dan Wettlaufer

Rodeway Suites officials held their first meeting of the 1994-95 year Sept. 12 to inform college students of new and general rules and upcoming events.

Two items on Monday night's agenda included problems of drinking and partying in residence hallways, and students not registering for parking permits.

Students who are not validated to park in the Rodeway lot will now begin receiving parking violation tickets from the city of Kitchener.

"As of (last) Friday, parking tickets will be given out by Guy Peters of Rodeway," said co-manager Brett Wehrle.

Parking passes are \$46 per semester or \$82 for the year.

Peters warned the gathering about the problem of partying in the hallways and garbage on the grounds.

"There will be no more partying in the hallway, and there will be no more garbage in the hallway."

He said students caught engaging in either or both acts will be given a verbal warning.

The second time students will receive a written warning, and the third infraction will result in the student being asked to move

out.

Floor supervisors were then introduced to the 80 residents who attended the meeting: Ben Giancola will be looking after first floor residents, Rick Bridge has the second, Jason Buick the third floor, and Shelley Roberts the fourth.

Students with problems or questions were encouraged to ask their floor supervisors for help, said Paul Holowaty, a co-manager.

Another issue raised at the meeting was the availability of voice-mail to all residents who have a phone.

Students can ask floor supervisors for details,

Holowaty said.

Holowaty also reported an individual or individuals have been fooling around with the elevator.

Somebody has been sending the elevator to different floors of the building with no passengers.

When this is done enough times the elevator breaks down and requires repairs, Wehrle said.

Anyone caught tampering with the elevator will be removed from residence immediately, officials said.

Plans for residence council were scheduled for the week starting Sept. 19.

"There will be no more partying in the hallway."

— Guy Peters

Beer is drink of choice at Roost

By Frank Knobloch

They go through more beer in a week than most people quaff in a year.

Conestoga College's Condor Roost sells suds to its patrons at a rate of 20 cases and two or three kegs of draft a week, said Roost manager Susan Ludwig.

A variety of food items are available to satisfy student appetites and non-alcoholic beverages to quench thirsts for those who prefer to abstain.

But beer is popular at the Roost, she said. "It's reasonably priced and you get more for your money." Ludwig said beer prices are competitive at the pub because she has compared prices with other establishments.

A bottle of domestic beer at the Roost costs \$3.35 and an import goes for \$4.25. On tap, Pacific or Red Baron draft sells at \$2.05 for an eight-ounce glass, a 20-ounce glass costs \$3.95 and a 60-ounce pitcher rings in at \$11.30. All prices include tax.

Ludwig said the Roost sells three varieties of imported beers: Corona, Double Diamond and New-castle. Ludwig's favorite beer is Coors Lite because it is a light beer and "the taste is great."

Beer is healthy in small quantities, Ludwig said.

"I have been told by my doctor that two or three beers a day is fine. If you start going over that, then you've got a problem."

Chad Powers, a first-semester materials management student from St. Clements, said quaffing suds is healthy.

"Beer puts hair on your chest." He



Keith Stockie, left, shares a beer and grub with materials management classmate Chad Powers. (Photo by Frank Knobloch)

said his favorite beer is Budweiser and that he drinks about 24 beer during a school week. But on Monday he abstains, he said, "that's recovery day."

Beer is more popular than other beverages because "it's easier to order," Powers said.

"You don't have to look at a menu for a drink list. You just ask for a beer and they give it to you."

Powers said beer prices at the Roost are fair and "the beer does not taste watered down like at other places."

Powers' classmate, Keith Stockie from Heidelberg, also said the Roost's beer prices are fair.

Other places overcharge, he said. "They're getting the money so what do they care."

Stockie agreed with Powers that beer is a healthy beverage. "I don't think it'll do anything bad to you just so long as you don't get addicted to it."

Stockie said he is a moderate drinker and seldom consumes more than six beer a week.

As for the expense of enjoying a few cold ones along with a meal at the Roost, Ludwig said: "If you want to have a good time you have to pay the price. But I don't think it's unreal."

With food and drink a parton can still have a good time for under \$25 at the Roost, Ludwig said. "Some meals are under \$3."

Students at the pub have been well-behaved, Ludwig said. "They don't go overboard with their drinking like a lot of people seem to think. I find students to be very responsible. Students are better with drinking and driving than adults — they usually have designated drivers."

LUNCH HOUR

WED. SEPT. 28

STUDENT LOUNGE

12:30 - 1:30

Sign in partners at the DSA Activities Office

EUCHRE TOURNAMENT

Rock 'n' Bowl 1994

Thursday Sept. 29

11p.m - 1 a.m.

Frederick Brunswick Lanes
behind Frederick Street
Mall

\$5.50
includes shoe rental

Tickets available at the DSA Activities Office

Don't miss your chance to win some great prizes !

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Wednesday,
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Time: 7:15a.m. to 8:00a.m.

Contact Duane Shadd at the Rec Centre

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Book yours now before you start your fall work out.

Cost: \$27 per 45 minute session.

Build a program just for you!

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SPORTS

Women's soccer team wins opener

By Winston Endall

The Conestoga Condors women's soccer team opened the season with a 5-0 win over the St. Clair Saints on Sept. 17 at the Doon campus soccer field.

But Vince Alviano, the Condors assistant coach, said the game was more than just a win.

"This game was to send a message to the other teams in the league — we want the championship," Alviano said.

The Condors were on the offensive from the start, rarely letting the ball get in their end.

The Saints seemed confused by the player formations Conestoga was throwing at them.

Many times it seemed like the Condors had more players on the field than allowed, due to their lightning-like speed.

The St. Clair players were overwhelmed by this and often they were unsure of who they were supposed to be covering.

Conestoga opened the scoring early into the first half when Sandra McDougall put a short kick past St. Clair goalie Krista Dagenais.

The Condors increased their lead to 2-0 a short time later with a goal from Amy Olson.

The Saints had a chance to get on



Conestoga's Sara Powers (right) takes the ball from defender Juliea Miha. (Photo by Winston Endall)

the board with a goal scored on a free kick but it was called back by referee Roy Felder because a St. Clair player was offside.

Conestoga went on to increase their lead with another goal in the first half by Vicki Kane.

In the second half St. Clair started to show fatigue. They were slower to react to Conestoga's changes and drew more offside calls.

Conestoga, on the other hand, still looked fresh but at times backed off the attack due to the comfortable lead they held.

But with Geoff Johnstone, head coach for the men's and women's

teams, yelling from the sidelines, the team turned up the heat again.

Vicki Kane and Sara Titizian scored two more goals to make this their highest scoring game against St. Clair.

Coach Johnstone said his team played well but backed off at times and made some errors in defence.

"Some of them couldn't understand why I was yelling at them to maintain their concentration with a 4-0 lead."

Conestoga has one of the few soccer programs that sees the women get the same quality coaching as the men, he said.

Women's softball team shut out by Durham in season opener

By Michelle Voll

The Conestoga Condors' women's softball team didn't set the world on fire in their first game of the season Sept. 16.

In fact, they didn't even manage to start a flame.

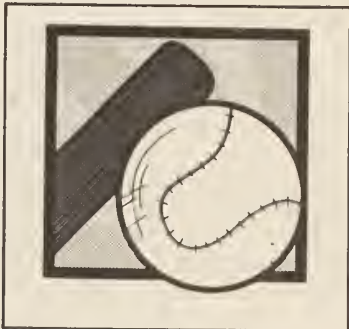
No Condor crossed the plate, as Durham pitcher Julie Collins threw a complete game two-hitter while striking out 11 batters.

Collins also drove in two runs for Durham, as did Helen Gordon.

The Condors' only power at the plate was Jasmine Hovinga, who hit a triple but was unable to score.

Durham took the lead in the third inning, scoring three runs.

They added two insurance runs in the sixth, bringing the final score to 5-0.



Conestoga pitcher Fawn Day, while giving up nine hits and five earned runs in six innings, still managed to strike out eight Durham batters and earned a nomination for player of the week.

The Condors' next game will be played at Loyalist College in Belleville Sept. 24

Men's soccer team beats St. Clair

By Winston Endall

The St. Clair Saints fought hard but still couldn't prevail over the Conestoga Condor men's soccer team in their matchup on Sept. 17 at Doon campus.

In a tight game marred by injuries to Conestoga players, the Condors came out on top by a score of 1-0.

The first half was scoreless, thanks to strong goaltending and tight defence from both teams.

St. Clair goalie, Ezio Tartaro, made some particularly good saves. On one shot, rather than risk the ball being knocked in after blocking it, Tartaro set the ball backwards over the net as if he was playing volleyball.

The teams alternated taking the ball downfield but neither was able to score.

In the second half, play continued in this see-saw manner until Conestoga's Sanjeev Dhanapala put the game-winning goal in late in the half.

Conestoga's coach Geoff Johnstone said he was happy with the win because the league is so competitive.

"In our league, Fanshawe, St. Clair and us have always been nip and tuck. In a given year anyone of us could win the league."

The team played well in spurts, he said, but they made some mistakes.

Johnstone said they were not getting the ball out and doing corner kicks as they had planned.

"From the beginning, the defence wasn't playing where they should be. But we put Jason (Stopler) in the middle and he closed things up."

Aside from the technical mistakes, he said the team put out a very good effort.

In the long run the real story of the game may have been the injuries.

Early in the first half, Manny Navas was taken out with possible broken ribs after being kicked by a St. Clair player. Ivan Lerotic left the game with a possible broken bone in his foot. Ken Milne saw limited playing time because of a recurring hamstring injury. Frank DaSilva hurt his shoulder and hip when he was slammed into the ground after jumping to head the ball. He was able to stay in the game.

No word is available yet on the condition of the players, but Johnstone said he thinks Lerotic, Milne and DaSilva will be able to play in the next game.

SQUASH

CLINICS & TOURNAMENTS



CLINICS:

The 3rd Tues.
of the Month.

TOURNAMENTS:

The 2nd & 4th Tues.
of the Month

Month	Tournament	Clinic
Sept.	27	
Oct.	11 & 25	18
Nov.	8 & 22	15
Dec.	N/A	N/A
Jan.	10 & 24	17
Feb.	14 & 28	21
Mar.	14 & 28	21

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TIME: 7:15am - 8:00am



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DATE: Tues & Thurs
TIME: 4:40pm - 5:15pm

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Spirit of the West gives faithlift

By David Carlton

The lights go out and deafening music assaults the ears of the audience gathered in Conestoga College's Kenneth E. Hunter recreation centre.

The enchanting sounds of flute and accordion, mingling with the guitars, tells them one thing: Spirit of the West has come to town.

Spirit of the West performed with the Watchmen on Sept. 15 at the college. It is the first time either group has done a gig at Conestoga. Spirit of the West has been touring across Canada supporting their lat-

est release, Faithlift.

The band played a variety of types of music, from songs that one would hear in an Irish pub to ones that could be heard on any contemporary rock radio station. And it played them with a glorious excess of energy.

Geoffrey Kelley, the flute-player/guitarist was hopping around the stage, playing a hand-held drum with a brush, while John Mann vaulted here and there with his guitar, shouting into the microphone with genuine aggression.

And all the while, approximately 200 bodies were jumping and danc-

ing around the floor, having the time of their lives.

The Watchmen took the stage before them.

Touring with their recent album, In the Trees, their music had more of a standardized rock 'n' roll sound uniquely their own, which has become the predominant style in the Canadian music scene.

Vocalist Danny Greaves commented that college and university shows like this one draw more receptive crowds.

"We get good people at these shows. Young open-minded people who are open to new music. People

who are willing to try something different. Those are the kind of people we like to have at our shows."

"It's just maturing, I guess," he said. "America's becoming more open, and there's a new generation of kids out there who are becoming more interested in other things."

Spirit of the West refers to themselves as a "heavy folk" band, due to the Celtic folk sensibilities in the music and lyrics, but with distortion.

"It's too light to be heavy metal," he said, "but it's too heavy to be folk."

54.40 gives fans taste of new sound

Off Campus Music

By Rob Heinbecker

Smilin' Buddha Cabaret, Fifty Four Forty's new album, might be a jolt to those fans who embraced the band's last effort, Dear Dear.

Despite the change in style, however, the band has performed strongly on the album. "It's our most successful album to date," said drummer Matt Johnson during an interview before the band's performance at University of Waterloo's Federation Hall. "We were pretty thrilled about the record when we made it."

Johnson said the album originated from recordings the group made during concert sound checks and jam sessions while on the road.

They whittled down their wealth of material to 14 songs which they took to Los Angeles to record.

The results were not what the band expected though.

"When we got the mixes back, we weren't thrilled," Johnson said.

He said the group felt that some of the songs lacked their original energy from the demo tapes and because of that they made the decision not to use most of the songs from the \$100,000 recording session.

"We scrapped most of it and used the stuff

we had originally recorded."

Although the Smilin' Buddha Cabaret has not been released in the U.S. yet, Johnson said he expects it to come out later in the fall.

He said Fifty Four Forty will be releasing a new single and video from Smilin' Buddha Cabaret called Ocean Pearl by the end of the month.

The concert opened with another Vancouver band, Daytona, who proved to be consistent, talented and entertaining.

Their style of music sounded like a heavier-edged Roxette.

Fifty Four Forty jumped into their show with a five song set from Smilin' Buddha Cabaret, kicking it off with Radio Luv Song.

They made their way through album cuts from Dear Dear and some classic songs from the eighties including Miss You and I Go Blind.

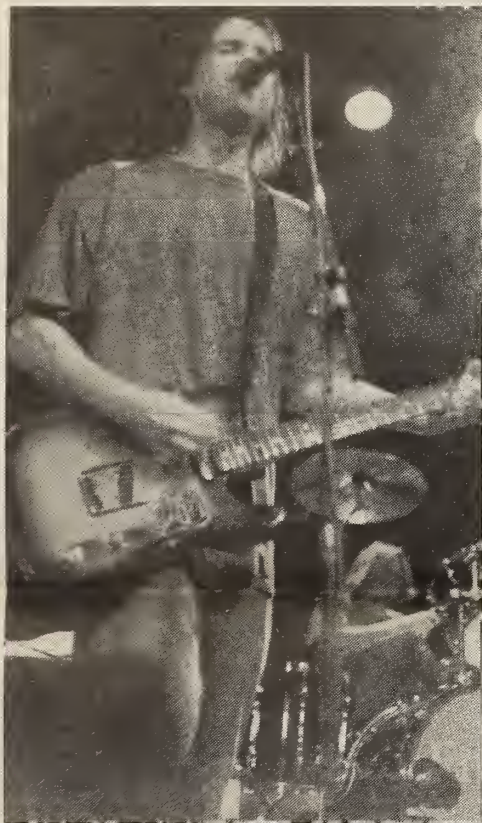
Lead singer Neil Osborne performed a solo of one of the group's trademark songs, One Gun, under mood-setting blue lighting.

The performance in general did have some flaws.

The band, particularly Osborne, seemed subdued and unwilling to let loose and really get the audience involved.

Despite a three song encore, the band played less than 75 minutes, which left some fans in disbelief that the show was over.

However the strong, rocking music was enough for fans to enjoy Fifty Four Forty.



Lead singer Neil Osborne belts out a song at a University of Waterloo show.

(Photo by Rob Heinbecker)

ENTERTAINMENT

Nooner comics entertain and offend

By David Carlton

Stand-up comedian Simon B. Cotter and the twisted comedy troupe Royal Blood performed in the Doon cafeteria on Sept 12 and 13. Both did well, but Cotter fared far better than Royal Blood.

Cotter ridiculed topics ranging from sexual politics, to the horrors of bungee jumping, to John Bobbit, to his aunt who he says looks like a pigeon.

He played Doon's cafeteria last year to a packed house.

"I do mainly a lot of colleges and universities and corporations. I really like playing the colleges, because you've got a clever crowd and you don't have to do a whole lot of swearing. They're clever and they can get the jokes."

Indeed, he did well without excessive profanity. With straight-forward comedy, he kept the crowd laughing without rest.

Royal Blood, on the other hand, had difficulty generating the laughs that Cotter had the day before.

Royal Blood does mainly sketch comedy in a fashion similar to Monty Python and the Kids in the

Hall. Their performance included two bizarre videos and imitation bodily fluids projected into the crowd.

However, the audience did not laugh quite as frequently or as hard as they did for Cotter.

The group also had considerable difficulty with their wireless microphones, which gave little more than feedback or static, or cut out.

The films were weird, poking fun at office stress leading to two untimely demises and the annoying fact that passengers in vehicles invariably fiddle with anything they can. These seemed to go over better than the live performance did.

Royal Blood design their subject matter differently than other sketch comedians. According to one member, Lorin Raine, the group goes for a more surreal effect, spewing fake blood and other fluids on the audience and on each other.

In spite of the audience's lack of reaction, Royal Blood's humor was good — albeit far from wholesome.

Sketches which included a possessed chair, a sketch promoting smoking and a theory on the creation of boxing had potential, but

the audience simply was not receptive enough.

Their songs were very strange, but had a lot of comedic merit.

One song was sung after the accidental and grisly destruction of a baby doll. The friends of the father went into a rendition of If You're Happy and You Know it, Grab Your Balls.



Simon B. Cotter entertains students. (Photo by David Carlton)

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